

**'On Tour' Communion for 11-14 year olds  
13 March 2009**

**PRESIDENTIAL TEXT**

(Common Worship Order One)

*Welcome and Opening games/activities*

**¶ The Gathering**

**The Greeting**

*Pres It's good to travel in company.  
As you travel through this time of worship  
and as you travel through your lives:*

*All The Lord be with you  
**and also with you.***

**Prayer of Preparation**

*Leader Imagine you're going on holiday – you've bought some new clothes, maybe you've been to the hairdressers. You're all spruced up and ready to go.*

*We need to get 'spruced up and ready to go' into our worship time and we do that by saying together:*

*All **Almighty God,  
to whom all hearts are open,  
all desires known,  
and from whom no secrets are hidden:  
cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name;  
through Christ our Lord.  
Amen.***

## Prayers of Penitence

*Leader* One of the great things about a holiday is that you get to 'leave all your worries behind' for a while. We're going to get rid of some bad stuff now – leave it behind us. We're going to think of the times when we haven't loved God as much as we should and when we haven't cared as much about other people as we care about ourselves. You've each got a piece of string. Can you think of times when you haven't loved God as much as you should? Tie a knot in your string for each time you can think of, and pull it really tight.

Dear God, we have not loved you with our whole heart.

Lord, have mercy.

*All* **Lord, have mercy.**

*Now can you think of times when you haven't cared as much about other people as you care about yourself. Tie a knot for each time and pull it tight.*

Jesus, we have not loved our neighbour as ourselves.

Christ, have mercy.

*All* **Christ, have mercy.**

*Tight knots are hard to undo, but we're going to leave these knots with someone who can deal with them.*

*(The congregation is led up the south aisle to the far east end).*

*We're going to ask God's forgiveness and leave these knotted strings with him.*

Father forgive us, and help us to live as you want us to live.

Lord, have mercy.

*All* **Lord, have mercy.**

*As you pass the bin, drop your knotted string into it and say, 'forgive me'.*

*(A bin is set up in the entrance to the Lady Chapel. As congregation members pass the bin, they drop their strings in, say, 'Forgive me,' and return via the north aisle. They then gather at the far west end of the building).*

*Pres* That was the east end of the cathedral where we dumped out sin-strings. We're now at the west end. In one of the Psalms (103: 12) it says this: 'As far as the east is from the west – that's how far God takes our sins away from us'. We've left that bad stuff a long way away. We asked to be forgiven and our prayer has been granted:

May almighty God who sent his son into the world to save sinners, bring you his forgiveness and peace, now and forever.

(from Common Worship p 135)

*All* **Amen**

## The Collect

*Pres* Now, let's get on with our journey with a prayer:

Heavenly Father,  
your Son Jesus said he was the Way to you.  
Help us follow that Way throughout the journey of our lives.

*All* **Amen.**

*(Congregation return to their seats).*

## ¶ **The Liturgy of the Word**

### Reading

Hebrews 12: 1-2a (Contemporary English Version)

We must get rid of everything that slows us down, especially the sin that just won't let go. And we must be determined to run the race that is ahead of us. We must keep our eyes on Jesus, who leads us and makes our faith complete.

This is the word of the Lord.

*All* **Thanks be to God.**

*Leader* Well, we've got rid of our sin, and we've got our eyes on Jesus – let's see what he has to say to us in the Gospel.  
*Let's stand to show we're paying attention!*

### Gospel Reading

Hear the Good News of our Lord Jesus Christ according to Luke

*All* **Glory to you, O Lord.**

Luke 9: 2, 3 & 6 (Contemporary English Version)

Jesus sent his twelve apostles to tell about God's kingdom and to heal the sick. He told them, "Don't take anything with you! Don't take a walking stick or a travelling bag or food or money or even a change of clothes." The apostles left and went from village to village, telling the good news and healing people everywhere.

This is the Gospel of the Lord.

*All* **Praise to you, O Christ.**

## Sermon/ Teaching

*(Jesus seems to be telling his disciples to unpack their bags before going on this working holiday. Get the congregation to reflect, in small groups, on what we do need with us to do God's work as we travel the world, and make a packing list on prepared sheets).*

## The Creed/Prayers of Intercession

*('Vox Pop' – powerpoint photographs of people from Church House, holding up maps marking their favourite place; followed by some children being interviewed live about their favourites. Beautiful sights/experiences/people: do we feel God's presence there in the sunset over the sea, the wild shrieks as we ride the rollercoaster, the smiles of our friends around us? And if we can feel God's presence somewhere, does that turn anywhere into a 'favourite place'?)*

Leader If God's presence is a good place to be – let's go on a tour round God. At each 'station' we're going to visit a different aspect of God – a different person: Father, Son & Holy Spirit – and do a prayer activity.

*'Father' station:*

*use the words from the affirmation, then do the prayer activity.*

Do you believe and trust in God the Father,  
source of all being and life,  
the one for whom we exist?

All **We believe and trust in him.**

*Thinking of our creator God leads us to give thanks for his creation – the world. Set the station out with tourism posters/maps of the world and holiday brochures. Station leader asks the group to think about really good holidays they've had and tell their neighbours something about the place they went/what they did/who they met. Give each participant a post card of the Cathedral and invite them to write a prayer on the back: giving thanks for something good about the holiday place they were just talking about; and/or praying for the place. Participants take the cards with them and hand in their pens.*

*'Son' station:*

*use the words from the affirmation, then do the prayer activity.*

Do you believe and trust in God the Son,  
who took our human nature,  
died for us and rose again?

All **We believe and trust in him.**

*The incarnation reminds us how great people are – so great God wanted to be one. Leader reminds the participants of the 'who would you like to be stuck in a lift with?' questions often used in brief interviews. Ask who they would like to be stuck on a boat with. Then get them to make a small paper boat. Give thanks for the person as they cradle the boat in their hands.*

*'Spirit' station:*

*use the words from the affirmation, then do the prayer activity.*

Do you believe and trust in God the Holy Spirit,  
who gives life to the people of God  
and makes Christ known in the world?

All **We believe and trust in him.**

(Common Worship p144)

*As 'the people of God' with the Spirit's help, we have to 'shine as a light in the world' as we go on our journey. Station leader gives all participants a glo-stick. This activity takes place in the Chapter House. Turn the lights out and leader breaks their stick, then taps the sticks of two participants saying, 'Shine as a light in the World.' The first two participants break their sticks and each pass on to two more. Complete the activity with the baptismal charge: 'Shine as a light in the world to the glory of God the Father.*

*(Congregation reconvene in the nave)*

Leader *We have celebrated the faith of the Church:*

All **This is our faith.  
We believe and trust in one God,  
Father, Son and Holy Spirit.  
Amen.**

(Common Worship p144)

*And we have offered our prayers:*

All **Merciful Father, accept these prayers for the sake of your Son, our Saviour Jesus Christ. Amen.**

## ¶ **The Liturgy of the Sacrament**

*Leader One of the interesting things about being 'On Tour' to different places is that you get to meet interesting new people! Find three people you don't know and exchange three pieces of information about yourself: your name, which church they come from and your favourite bit of the worship so far.*

### **The Peace**

*Pres We are the body of Christ. In the one Spirit we were all baptised into one body. So let us follow every way that makes for peace and strengthens our life together.*

(from Common Worship p290)

*All The peace of the Lord be always with you  
**and also with you.***

### **Preparation of the Table Taking of the Bread and Wine**

*Leader When you're on a trip with friends, it's good to eat together, and that's what we're going to do now – and as we do we'll remember that one friend who is on this trip with us is a friend we cannot see!*

*(Two young people(YP) will bring up the elements and will say the 'presidential' words).*

*YP 1 With this bread that we bring  
All **we shall remember Jesus.***

*YP 2 With this wine that we bring  
All **we shall remember Jesus.***

*YP 1 Bread for his body,  
YP 2 wine for his blood  
Leader gifts from God to his table we bring.  
All **We shall remember Jesus.***

(Common Worship, p292)

## The Eucharistic Prayer

*Pres* The Lord is here.

*All* **His Spirit is with us.**

Lift up your hearts.

*All* **We lift them to the Lord.**

Let us give thanks to the Lord our God

*All* **It is right to give thanks and praise.**

It is right to praise you, Father, Lord of all creation;  
in your love you made us for yourself.

When we turned away  
you did not reject us  
but came to meet us in your Son.

*All* **You embraced us as your children  
and welcomed us to sit and eat with you.**

In Christ you shared our life  
that we might live in him and he in us.

*All* **He opened his arms of love upon the cross  
and made for all the perfect sacrifice for sin.**

On the night he was betrayed,  
at supper with his friends  
he took bread, and gave you thanks;  
he broke it and gave it to them, saying:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.

*All* **Father, we do this in remembrance of him:  
his body is the bread of life.**

At the end of supper, taking the cup of wine,  
he gave you thanks, and said:  
Drink this, all of you; this is my blood of the new covenant,  
which is shed for you for the forgiveness of sins;  
do this in remembrance of me.

*All* **Father, we do this in remembrance of him:  
his blood is shed for all.**

As we proclaim his death and celebrate his rising in glory,  
send your Holy Spirit that this bread and this wine  
may be for us the body and blood of your dear Son.

*All* **As we eat and drink these holy gifts  
make us one in Christ, our risen Lord.**

With your whole Church throughout the world  
we offer you this sacrifice of praise  
and lift our voice to join the eternal song of heaven:

*All* **Holy, holy, holy Lord,  
God of power and might,  
Heaven and earth are full of your glory.  
Hosanna in the highest.**

(Prayer H, Common Worship p 204)

### **The Lord's Prayer**

**Our Father in heaven, hallowed be your name, your kingdom come,  
your will be done, on earth as in heaven. Give us today our daily bread.  
Forgive us our sins as we forgive those who sin against us. Lead us not  
into temptation but deliver us from evil. For the kingdom, the power,  
and the glory are yours now and forever. Amen.**

### **Breaking of the Bread**

*All* We break this bread to share in the body of Christ.  
**Though we are many, we are one body,  
because we all share in one bread.**

### **Giving of Communion**

*All* God's Holy gifts for God's holy people.  
**Jesus Christ is holy,  
Jesus Christ is Lord,  
to the glory of God the Father.**

### **Prayer after Communion**

*All* **God of our pilgrimage, you have led us to the living water.  
Refresh and sustain us as we go forward on our journey,  
in the name of Jesus Christ our Lord. Amen.**

(Patterns for Worship p95)

## ¶ **The Dismissal**

*Pres* Hear the words of God's blessing as you continue your journey:

Go out into the world in peace; be brave; hold on to everything that is good;  
don't pay back evil with evil; honour everyone; love and serve the Lord, so that  
your life may be worship and praise.

And the blessing of God almighty, who is Father, Son, and Holy Spirit, be among  
you and remain with you always.

*All* **Amen.**

*Leader* Go in peace to love and serve the Lord.

*All* **In the name of Christ. Amen.**