

# Keep hands clean when setting up & during worship



- Wash your hands before setting up**
- Wash chalice, paten, cruets in boiling water**
- Linen must be fresh**
- Hand gel regularly in church**
- Hand gel before distribution of communion**

## **To reduce the risk you should ...**

Stay at home and call the doctor if you have flu symptoms

Carry disposable paper handkerchiefs -

use, bin, and then wash your hands if you sneeze or cough

Buy a portable hand gel steriliser or wash hands with hot water & soap regularly